

# Northampton Women's Forum

on Tuesday, 24 May 2016 at 11:00 am until not later than Time Not Specified

in

## Agenda

1. **Welcomes, introductions and apologies**
2. **Minutes and Matters Arising**
3. **Chair elections**
4. **Sarah Ward - First for Wellbeing**
5. **Nayla Mahmood - IAPT Wellbeing Team**
6. **Happy Day - Health and Wellbeing event.**
7. **Community information exchange**
8. **Suggestions for Items for Future Meetings or Forum Activities**
9. **AOB**
10. **Date and venue of future Forum Meetings**  
July 12<sup>th</sup> 11am -1pm, Jeffrey Room, The Guildhall

Map and directions at: [www.northampton.gov.uk/guildhall](http://www.northampton.gov.uk/guildhall)

For more information about this meeting please contact:  
Alice Morgan, Community Development Officer



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Tel: 01604 837795



More information about the Forum generally is at: [www.northampton.gov.uk/forums](http://www.northampton.gov.uk/forums)



Facebook page: [www.northampton.gov.uk/pensionersforumonfacebook](http://www.northampton.gov.uk/pensionersforumonfacebook)

Please note that this Forum is supported and funded by Northampton Borough Council. The Forum may work in partnership and collaboration with other community groups, councils and local services from time to time. The views expressed and decisions taken by the Forum are not necessarily those of Northampton Borough Council.



NORTHAMPTON  
BOROUGH COUNCIL

# Agenda Item 1

## Code of Conduct for the Forums

This Code of Conduct sets out the standards that the Forums expect of its members. It aims to provide members with an effective ethical framework in which to do business. It is not intended to be exhaustive, or to cover every eventuality, but sets out some common sense requirements to enable the forums to function smoothly and successfully.

It is the responsibility of the Chair to encourage and enable input from forum members, to ensure all voices are heard.

### 1. Meeting Etiquette

As an attendee you must comply with the following requirements and any others that may be stated from time to time:

- 1.1 Contribute positively to discussions concerning the issues of the meeting
- 1.2 Be friendly, polite, courteous and respectful at all times to fellow members, and others present
- 1.3 Not insult, abuse or use offensive language or behaviour
- 1.4 Comply with Northampton Borough Councils Equal Opportunities Policy
- 1.5 Demonstrate actively that you are interested in and care about the issue that you are discussing and want to make a positive difference
- 1.6 Show respect for buildings, facilities and equipment being used
- 1.7 Speak only through the Chairman of the meeting and not interrupt, heckle, make distracting noises or gestures
- 1.8 Speak clearly into any microphone provided and comply with any instructions given about its use

### 2. Being Objective

- 2.1 Your own experience and views should inform, but not dominate or dictate how you participate.
- 2.2 If you have a specific issue with regards to a service matter to raise these can be discussed with a member of staff at the end of the each meeting or you can ask for the appropriate officer details. Meetings attended by other residents are not the place to raise any issues of this nature.

### 2.3 Be Fair

- 2.4 You must have and show respect for the people you deal with, and take their circumstances and personal differences into account. This is about putting equality into practice. The key is simply to respect differences fairly, so that you do not exclude anyone, or treat anyone inappropriately or unfairly because of their particular circumstances.

## Breaching the Code of Conduct

If any person's behaviour breaches this Code of Conduct, they will be required to leave the meeting and vacate the premises where it is being held. They will not be permitted to attend future meetings unless they provide satisfactory evidence to Northampton Borough Council that they will comply with the Code – e.g. a letter of apology.

If you would like further information or if you would like to discuss the Code of Conduct please contact Vicki Rockall, Partnerships and Communities Manager at [vrockall@northampton.gov.uk](mailto:vrockall@northampton.gov.uk) or on 01604 837074

## Northampton Borough Council

### Northampton Women's Forum

#### **Draft Minutes of the meeting held on 22<sup>nd</sup> March 2016, 11.00am at the Guildhall, Northampton**

#### **Present**

Cllr Anna King (Co-Chair) (NBC), Val Dumbleton (Soroptomists / Healthwatch), Catherine Bruce (Catherine Bruce Counselling), Morcea Walker (NBHA/NCAC), Nisha Mejer (NBC), Cllr Janice Duffy, Ann Bodsworth (Northampton Women's Aid), Vicki Rockall (NBC), Hazel Juttle, Ivy Beere, Cllr Rufia Ashraf, Laura Morrison (The Game Changer Consultancy), Louise Musson (NBC - Call Care), Neelam Aggrawal-Singh (IHWO/BME SRP), Rona Karavadra (IHWO), Cheryl Douglas (Femmessence), Rachel Packman (Northants Police - Community Engagement), Julia Bush (NABPFA), Priti Chavda (minutes) (VIN)

#### **Apologies**

Jane Carr (Co-Chair) (VIN), Pauline Woodhouse (BME SRP), Pindy Chahal (SCCYC), Pam Leetch (NRICC), Liz Carroll-Wheat (VIN – School of Life Project), Alice Morgan (NBC), Stephanie Pearson

#### **In attendance**

Jeannette Pidgen, Locality Support Manager - Northampton West, NHS Nene Clinical Commissioning Group

#### **1. Welcome, introductions and apologies**

Anna King welcomed everyone to the meeting. Apologies as listed above. Introductions were made by everyone in the room.	
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#### **2. Minutes of last meeting and matters arising**

Actions from last meeting - Louise Musson has been in contact with Nisha Mejer - Morcea Walker is waiting to hear about the van/coach - Laughter workshop – this did go ahead	
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Minutes agreed.

#### **3. Introduction from Jeanette Pidgen, NHS Nene Clinical Commissioning Group (NHS Nene CCG)**

Clinical Commissioning Groups are groups of GPs are responsible for designing local health services In England. They do this by commissioning or buying health and care services including:	
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- Elective hospital care
- Rehabilitation care
- Urgent and emergency care
- Most community health services
- Mental health and learning disability services

Clinical Commissioning Groups work with patients and healthcare professionals and in partnership with local communities and local authorities.	
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- Commissioning for Kettering General Hospital and Northampton General Hospital – to provide services
- Break down to NBC boundaries
- Corby has their own (NHS Corby CCG) but they do work together
- Joint Commissioning for adults to provide gateway to services
- There are 3 managers in all areas
- They are attending various forums to let people know about their services
- Looking to re-commission rather than decommission. They have a 5 year forward view and are currently working towards this.
- A representative will sit on all of NBC's forums and open dialogue to groups
- They are aiming to change services and move them closer to home. I.e. GP's, pharmacies and other clinical groups that is qualified.
- Northampton GP Alliance will commission with 3-4 commissioning groups.
- PPG (Patient Participation Group) – each practice has a locality and engagement group
- They are holding an event in Central Library on the 20<sup>th</sup> April from 5.45pm – 7.30pm. There will be market stalls including DWP, Sunset group, MH Collaborative etc.

### **Question and Answers**

Q. There is a lot of confusion with other well-being groups

A. Will come under one roof. They work with the First for Well-being CIC

The group discussed:

- The confusion with all the various wellbeing groups
- Who to refer people to and the difficulty in doing this
- Organisations who support people are finding it confused. The public are not interested in layers, they need a contact where they can be seen and be supported.
- It is important to know what the referral process is
- The public are not aware that the adult and children services are commissioned separately
- There are issues in referring young people to support. They are being sent away until they are more serious.
- Nationally 90 million has been given but has not filtered locally, although some has gone into schools

**ACTION:** Invite Rachel Conlon and David Lloyd Hearn to a future forum meeting.

Q. What is a warm handover?

A. Healthcare provider → provides services → person gets better  
 Different levels of support as needs are not that great → patients' information does not get passed / or the service does not know their level of service required  
 Ambition → to have a clear hand over between services

Q. There seems to be a lack of information being shared with people who actually work with the clients.

A. Jeanette said that they are getting together with agencies to see what can be done about data being shared safely. NBC is leading on the Capita system. NCC has not joined this yet.

Q. When are you going to join with the VCS

A. They have done listening events which have included partners/groups

<b><u>Websites for info:</u></b> NHS NCCG - <a href="http://www.neneccg.nhs.uk">www.neneccg.nhs.uk</a> First for Wellbeing CIC - <a href="http://www.firstforwellbeing.co.uk">www.firstforwellbeing.co.uk</a>	
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#### 4. Update on Health and Well-being Event

<ul style="list-style-type: none"> <li>Event is being held on the 2<sup>nd</sup> June from 10.30am – 3pm at the Pavilion. The Mayor will open at 11.00am.</li> <li>There will be different zones: tranquillity zone, sports zone, kids zone, fitness zone, emergency services zone etc.</li> <li><b>Stalls:</b> They have received 18 forms back so far</li> <li>There will be various workshops some of which will be free. Bouncy castle, face painting etc will incur a small fee.</li> <li><b>Food/refreshment:</b> Ian will be running the café and there will be an ice-cream van. They are due to meet with Ian to discuss.</li> <li>Nisha Mejer is developing a poster with time table of workshops</li> <li><b>Title:</b> ‘Happy Day’ was agreed and Nisha Mejer will look at a strapline. Nisha to also speak to Ian about marquees.</li> </ul>	<b>NM</b>
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#### 5. Feedback from International Women’s Day

<ul style="list-style-type: none"> <li>Ann Bodsworth said that 5 women came forward after the event which she was very pleased with.</li> <li>It was estimated that there were around 500 attendees</li> <li>The group spoke about how the event got better each year, publicity and alternative ways of advertising. Discussions also took place around publicity to schools and how schools can be selective depending on the amount of information they receive.</li> <li><b>ACTION:</b> look into marketing for next year’s event</li> <li><b>Budget:</b> The total cost for the day was £500.00</li> <li>There was more promotion through social media with stall holders also publicising and tweeting.</li> <li>The event was sponsored by Beauty Within and Starbucks</li> <li>They are also looking into holding an International Men’s Day</li> </ul>	<b>AK / VR</b>
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#### 6. Community Information Exchange

<p><b>IHWO:</b></p> <ul style="list-style-type: none"> <li>Diwali lights: 29<sup>th</sup> October is the new date. Unfortunately it does clash with Zimwomen’s Young Black Achievers Awards. As Diwali is the equivalent of Christmas Day it is not possible to change dates. However the workshops will be running during the day and the procession will finish by 7.30pm. They will ask if Zimwomen can delay their event by 30 minutes to 8pm.</li> </ul> <p>Neelam said that she would like all of the Forums to get involved. They could also do a dance on stage in sarees. They will also help everyone to put them on. <b>ACTION:</b> Anna King to arrange lessons.</p> <p>There will be workshops during the day in the Guildhall in partnership with VIN School of Life project. This will be in the half term and is open to all.</p> <ul style="list-style-type: none"> <li>On Thursday there will be a Festival of Colours event taking place at Weston Favell Parish Hall from 5.00pm – 7.00pm. Everyone is welcome and to wear old clothes.</li> </ul>	<b>AK</b>
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<ul style="list-style-type: none"> <li>They are starting a women's support group (Chai &amp; Chat) every other Friday from 1<sup>st</sup> April from 12.00pm to 1.45pm which is open to all. <b>ACTION:</b> Rachel Packman to let the Weston Favell Residents Association know.</li> </ul>	<b>RP</b>
<p><b>Laura Morrison</b> launched a new project – 200 women and international female leadership.</p>	
<p><b>Julia Bush</b></p>	
<ul style="list-style-type: none"> <li>Wanted to say a big thank you for International Women's Day event which was a really good day.</li> <li>A few more people have visited Palestine. The school twinning has been going well.</li> <li>There was an International Award for World Teacher of the Year which was won by a Palestine Woman from Al-Bireh, who is a friend of the visitor that came to the UK. <b>ACTION:</b> Agreed to send letter to the winner on behalf of the Women's Forum.</li> </ul>	<b>PC</b>
<p><b>Val Dumbleton:</b> They are looking to fundraise for a local project. C2C / Good Loaf were suggested. <b>ACTION:</b> Morcea Walker to give contact details to Val</p>	<b>MW</b>
<p><b>Morcea Walker</b></p>	
<ul style="list-style-type: none"> <li>The Sikh Community are developing an Asian arts network through funding from the Heritage Lottery. This is for young people to take part in dhol playing, dj and music etc. Currently ages from 8-25 but will open out to other groups. <b>ACTION:</b> Nisha Mejer to circulate details.</li> <li>11<sup>th</sup> June is the date for the Carnival. The theme is 5 continents 1 carnival. Will be held at the Racecourse this year. There will be a marquee for groups. The Guide Dogs will be leading the procession and the charity remains Air Ambulance.</li> </ul>	<b>NM</b>
<p><b>Nisha Mejer</b></p>	
<ul style="list-style-type: none"> <li>The NIFF conference will be held on 1<sup>st</sup> May</li> <li>Health and Wellbeing event on 2<sup>nd</sup> June</li> </ul>	
<p><b>Ann Bodsworth</b></p>	
<ul style="list-style-type: none"> <li>Sadly another woman was murdered last night and unfortunately it is happening more frequently in Northampton. David Kennedy has taken lead and the CEO committee are taking it on board.</li> </ul>	
<p><b>Vicki Rockall</b></p>	
<ul style="list-style-type: none"> <li><b>Community Enabling Fund:</b> 42 applications received of around 1.2 million. £400,000 is available.</li> <li><b>Councillors Fund:</b> Councillors have funding of £3,000 and only 50% have spent their amounts which will be carried over. Do apply to them and if you do not get a response then speak to their political assistant. Details can also be found on NBC website.</li> </ul>	

## 7. Any other business

None	
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## 8. Date of next meeting

Tuesday 24 <sup>th</sup> May 2016, 11.00am	
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